

Toastmasters of the Cove

Spring Open House, Thursday 4/21 6:30-8pm **Free**

presents

Keynote Speaker: Yan Gao

How to Cultivate Your Professional Image

- Identify the key focus areas of your professional image
- Follow the four effortless steps to dressing professionally
- Master the art of high-impact body language
- Make your first impression your best impression

Yan Gao is one of the 380 certified image consultants recognized worldwide by AICI. She conducts individual coaching and corporate training to help people to create an image that will enhance self-confidence and promote their company's brand.

Toastmasters of the Cove is a fun, social, non-profit public speaking club that meets every Thursday 6:30-8pm to improve speaking, listening, and communication skills. Guests are always welcome. Visit us at www.tmcove.com.

Doyle Park Recreation Center 8175 Regents Road, San Diego 92122

contact@tmcove.com

