

Program Quality Director Report

Alex Shadpour, DTM

May 10, 2024

This report consists of:

1. District contest update
2. Conference update
3. Area Director Visit report update
4. Clubs Distinguished Program (DCP) update
5. Triple Crown Awards update

1. Contests update

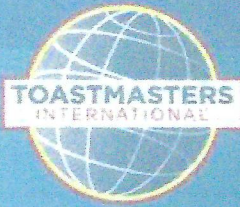
The District International Speech Contest and the Conference are scheduled on Saturday, May 18th.

2. Conference update

A great thank to the PQD Conference chair Eileen Hope who has worked diligently with her team to put this event together. A District email was sent to all members for the date, time, location, and the cost of the event, along side with the incentive for those who are planning to attend in-person.

The speakers for 2024 Conference are:

- Frank King-Keynote will speak about Ted X and Ted Talks
- Helen Blanchard-Eileen Hope will speak about Helen
- Speaking about Leadership now-CeCe McGee
- Long Time Toastmaster Willie Johnson will discuss his take on Leadership.



Program Quality Director Report

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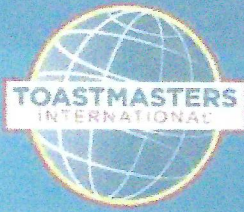
May 10, 2024

3. Area Director Visit Reports completion update

The last day to submit the Area Director visit Report is on May 31. Please look at this the list below and plan to complete the Area Visits Reports before the due date.

“Y” means that the visit has been completed. “N” means the Area Visit need to be completed.

Division	Area	Club	Club Name	May Visit award
C	5	699	Excelsior Toastmasters	N
C	5	1465834	SymiToast	N
C	5	3127162	CubeMasters	N
C	5	5984928	Chef Masters	Y
C	7	1985	Toastmasters By Design	Y
C	7	1239203	ASH Toastmasters Club	Y
C	7	1621601	IREM San Diego Toastmasters	N
C	7	6547464	Aya Healthcare	Y
C	7	6849361	The UPS Store Toastmasters	Y
C	26	203	Vapor Trails Club	Y
C	26	2570834	Toast of the Coast	Y
C	26	7907387	Dexcom Toastmasters	N
C	27	8262	Smooth Talkers Club	Y
C	27	1197132	PowerMasters	Y
C	27	28677299	Balfour Beatty Toastmasters Club	N
C	30	4727	Laughmasters Club	Y
C	30	9036	Golden Triangle Toastmasters	N
C	30	9273	Century Toastmasters Club	N
C	30	940911	Spectrum Speakers	Y



Program Quality Director Report

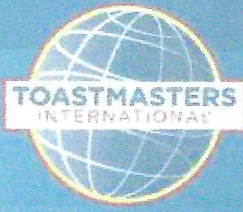
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May 10, 2024

3. Area Director Visit Reports completion update continued

“Y” means that the visit has been completed. “N” means the Area Visit need to be completed.

Division	Area	Club	Club Name	May Visit award
E	2	196	Yuma-Kofa Toastmasters Club	Y
E	2	4155	Daybreakers Club	N
E	2	936781	Yuma Sunsetters	Y
E	2	28677201	Gowan Toastmasters	N
E	4	126	Mt Helix Toastmasters Club	Y
E	4	474	Real Orators Toastmasters Club	N
E	4	1886	Harbor Court Toastmasters	Y
E	4	4405	East County Toastmasters #4405	N
E	20	623	Saturday Savants Club	Y
E	20	1815	Stadium Club 1815	Y
E	20	6243	Visionaries Toastmasters Club	Y
E	21	1394	Hardhats Club	N
E	21	1808	Eighteen 'o' Eight Toastmasters Club	N
E	21	2372	Hill Talkers	N
E	21	701611	Mission Valley Persuasive Speakers (MVPS)	N



Program Quality Director Report

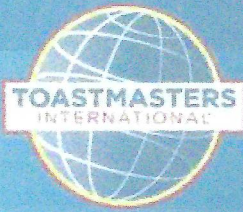
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May 10, 2024

3. Area Director Visit Reports completion update continued

“Y” means that the visit has been completed. “N” means the Area Visit need to be completed.

Division	Area	Club	Club Name	May Visit award
I	3	112	Rancho Bernardo Toastmasters	Y
I	3	1144	Downtown Escondido Club	Y
I	3	5529	Chamber Club	Y
I	3	3946145	Fallbrook Village Toastmasters	Y
I	10	457	Dynamic Speakers	Y
I	10	2955	Poway-Black Mountain Club	Y
I	10	5553	Positive Toastmasters	Y
I	10	8489	Innovative Speakers	Y
I	10	28675680	San Diego Chinese Toastmasters	Y
I	16	801978	HP Inc. Toastmasters	N
I	16	817343	Sony San Diego Toastmasters	N
I	16	1326960	Broadcom Toastmasters	N
I	16	1654681	Generally Speaking	N
I	22	1442	Scripps Teasers Club	Y
I	22	3870	ASML Toastmasters	Y
I	22	866700	ImpacTeam	Y
I	22	5896850	Teradata Toastmasters	Y
I	22	7840626	Professional Career Speakers	N
I	25	624	Professional Men's Toastmasters Club - 624	Y
I	25	4556	Felicita Toastmasters Club	N
I	25	5509886	Radio Toasters	Y
I	25	7712191	Rock San Marcos Toastmasters	N
I	25	7734142	Hexagon Speakers	N
I	25	28675757	AutoVitals	N



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May 10, 2024

3. Area Director Visit Reports completion update continued

“Y” means that the visit has been completed. “N” means the Area Visit need to be completed.

Division	Area	Club	Club Name	May Visit award
N	11	1532	Encinitas Toastmasters	Y
N	11	3524	Del Mar Toastmasters Club	Y
N	11	4356	North Coast Toastmasters Club	Y
N	11	1301323	Rancho Santa Fe Toastmasters	Y
N	15	5447540	Frontwave Improv Masters	N
N	15	6970659	Genentech Oceanside	Y
N	15	7783984	Improvicus Toasmasters	Y
N	15	7784976	Saints Toastmasters	Y
N	18	47	Carlsbad-Oceanside Club	N
N	18	4130	Expressions Unlimited	N
N	18	7129	Palomar Airport Club 7129	N
N	18	28675814	ATEC Toastmasters	N
N	23	276	Vista Sunrise Toastmasters Club	N
N	23	2504	San Marcos Discovery Toastmasters	Y
N	23	5440227	Frontwave Toastmasters	N
N	23	6625245	Prana	N
N	24	6398	Toastmasters of Carmel Valley	N
N	24	606663	Hi-Fi Speakers Club	N
N	24	913434	Torrey Pines Toastmasters	N
N	24	7238544	Drive-Thru Speakers	N
N	24	28675559	Pool Chatter	N
N	28	8424	Watkins Wellness Toastmasters	N
N	28	9098	Beach & Business Toastmasters	N
N	28	1326475	North County Toastmasters	Y
N	28	6756912	Dr. Bronner's	N



Program Quality Director Report

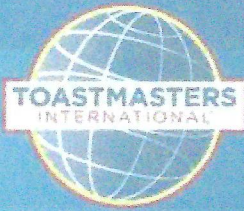
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May 10, 2024

3. Area Director Visit Reports completion update continued

“Y” means that the visit has been completed. “N” means the Area Visit need to be completed.

Division	Area	Club	Club Name	May Visit award
S	1	108	Chula Vista Club	N
S	1	2518	Fred H Rohr Club	N
S	1	3052	Bilingue Toastmaster Club	N
S	1	9493	Sharp Toastmasters	N
S	6	3225	Sweetwater Valley Toastmasters Club 3225	N
S	6	6296	Great Communicators Toastmasters Club	N
S	6	2009462	Frontline Leaders	N
S	6	7876152	The Toast Gang	N
S	3	28675501	Strong Towns Toastmasters	N
S	9	7	San Diego Toastmasters 7	N
S	9	7991	Balboa Park Club	Y
S	9	7625922	RICK Toastmasters	Y
S	9	7910900	VideoMasters	Y
S	12	1733	Cal-State Club	Y
S	12	2719	Turbo Toasters Club	Y
S	12	4152	Liberty Club	Y
S	12	5315	Voyagers Toastmasters Club	Y
S	14	643	Centre City Club	N
S	14	3121	Loquacious Nooners	1
S	14	5223	Career Builders Toastmasters	Y
S	14	7782013	COS Freedom Speakers	Y



Program Quality Director Report

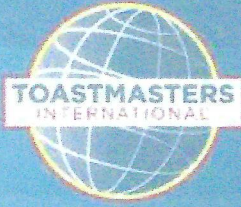
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3. Area Director Visit Reports completion update continued

“Y” means that the visit has been completed. “N” means the Area Visit need to be completed.

Division	Area	Club	Club Name	May Visit award
W	8	54	Pacific Beach Toastmasters	N
W	8	2012	Toastmasters of the Cove Club	N
W	8	3599483	Next-Gen Speakquencers	N
W	8	6774607	Marsh & McLennan Agency - San Diego	N
W	13	2539	Naval R & D Toastmasters Club	Y
W	13	1600514	Triton Toastmasters	Y
W	13	28675773	Groove Labs Inc. Toastmasters	N
W	17	9550	Leadership Builders	Y
W	17	1134519	UCSD Torrey Pines Speakers	Y
W	17	4427819	G3 Speakers	Y
W	17	4929122	Becton's Dynamic Blabbers	Y
W	19	4834649	Mitchell	N
W	19	7808229	GeekMasters	N
W	19	7912158	TTEC-WIL Toastmasters	N



Program Quality Director Report

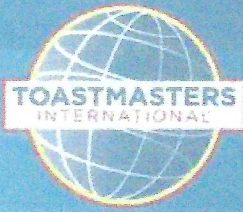
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May 10, 2024

4. DCP Goal update

Congratulations to the following clubs for achieving 5 or more goals as of 5/9/2024.

Division	Area	Club	Club Name	Club Goals Met
N	11	1532	Encinitas Toastmasters	10
S	1	108	Chula Vista Club	10
S	9	7	San Diego Toastmasters 7	10
C	27	8262	Smooth Talkers Club	9
E	2	4155	Daybreakers Club	9
E	21	1394	Hardhats Club	9
I	10	8489	Innovative Speakers	9
I	22	1442	Scripps Teasers Club	9
N	18	47	Carlsbad-Oceanside Club	9
S	6	3225	Sweetwater Valley Toastmasters Club 3225	9
S	9	7991	Balboa Park Club	9
S	12	5315	Voyagers Toastmasters Club	9
S	14	5223	Career Builders Toastmasters	9
W	8	54	Pacific Beach Toastmasters	9
C	7	6849361	The UPS Store Toastmasters	8
C	30	9036	Golden Triangle Toastmasters	8
E	4	1886	Harbor Court Toastmasters	8
I	3	1144	Downtown Escondido Club	8
I	10	2955	Poway-Black Mountain Club	8
I	16	1326960	Broadcom Toastmasters	8
I	22	7840626	Professional Career Speakers	8
N	18	4130	Expressions Unlimited	8
S	6	6296	Great Communicators Toastmasters Club	8
S	12	2719	Turbo Toasters Club	8
S	14	7782013	COS Freedom Speakers	8
E	2	196	Yuma-Kofa Toastmasters Club	7
E	20	6243	Visionaries Toastmasters Club	7
W	17	9550	Leadership Builders	7



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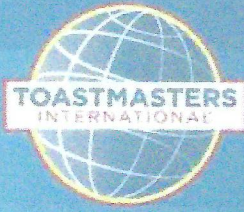
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May 10, 2024

4. DCP Goal update continued ...

Congratulations to the following clubs for achieving 5 or more goals as of 5/9/2024.

Division	Area	Club	Club Name	Club Goals Met
C	7	1239203	ASH Toastmasters Club	6
C	7	1621601	IREM San Diego Toastmasters	6
C	26	203	Vapor Trails Club	6
I	3	112	Rancho Bernardo Toastmasters	6
I	10	5553	Positive Toastmasters	6
I	16	817343	Sony San Diego Toastmasters	6
N	18	7129	Palomar Airport Club 7129	6
N	23	276	Vista Sunrise Toastmasters Club	6
S	1	9493	Sharp Toastmasters	6
W	8	3599483	Next-Gen Speakquencers	6
C	7	6547464	Aya Healthcare	5
C	27	1197132	PowerMasters	5
C	30	940911	Spectrum Speakers	5
I	22	866700	ImpacTeam	5
I	22	5896850	Teradata Toastmasters	5
N	15	6970659	Genentech Oceanside	5
N	24	6398	Toastmasters of Carmel Valley	5
N	28	9098	Beach & Business Toastmasters	5
N	28	1326475	North County Toastmasters	5
S	12	4152	Liberty Club	5
W	17	1134519	UCSD Torrey Pines Speakers	5
W	17	4929122	Becton's Dynamic Blabbers	5



Program Quality Director Report

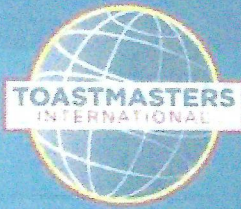
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May 10, 2024

4. DCP Goal update continued ...

Congratulations to the clubs that have completed 3 or 4 DCP goals. These clubs need reminders and support to meet the minimum requirement of 5 plus more goals to be met by the end of our Toastmasters year (June 30) to become a Distinguished club.

Division	Area	Club	Club Name	Club Goals Met
C	7	1985	Toastmasters By Design	4
C	26	2570834	Toast of the Coast	4
C	30	9273	Century Toastmasters Club	4
I	3	3946145	Fallbrook Village Toastmasters	4
I	16	1654681	Generally Speaking	4
I	22	3870	ASML Toastmasters	4
N	15	7784976	Saints Toastmasters	4
N	28	8424	Watkins Wellness Toastmasters	4
S	6	28675501	Strong Towns Toastmasters	4
W	8	2012	Toastmasters of the Cove Club	4
C	5	1465834	SymiToast	3
E	4	474	Real Orators Toastmasters Club	3
E	4	4405	East County Toastmasters #4405	3
E	21	701611	Mission Valley Persuasive Speakers (MVPS)	3
I	3	5529	Chamber Club	3
I	10	457	Dynamic Speakers	3
I	10	28675680	San Diego Chinese Toastmasters	3
I	16	801978	HP Inc. Toastmasters	3
I	25	624	Professional Men's Toastmasters Club - 624	3
I	25	7734142	Hexagon Speakers	3
N	18	28675814	ATEC Toastmasters	3



Program Quality Director Report

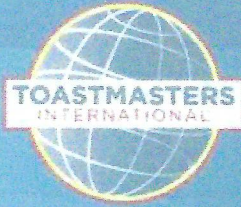
Alex Shadpour, DTM

May 10, 2024

4. DCP Goal update continued ...

Below are the clubs with one or two goals met. These clubs need more encouragement and support to meet the minimum requirement of 5 plus more goals met by the end of our Toastmasters year (June 30) to become a Distinguished club.

Division	Area	Club	Club Name	Club Goals Met
C	5	699	Excelsior Toastmasters	2
C	5	5984928	Chef Masters	2
C	26	7907587	Dexcom Toastmasters	2
E	20	623	Saturday Savants Club	2
E	20	1815	Stadium Club 1815	2
E	21	2372	Hill Talkers	2
N	11	3524	Del Mar Toastmasters Club	2
N	11	4356	North Coast Toastmasters Club	2
N	11	1301323	Rancho Santa Fe Toastmasters	2
N	15	7783984	Improvicus Toastmasters	2
N	24	606663	Hi-Fi Speakers Club	2
N	28	6756912	Dr. Bronner's	2
S	1	2518	Fred H Rohr Club	2
S	1	3052	Bilingue Toastmaster Club	2
S	14	3121	Loquacious Nooners	2
W	8	6774607	Marsh & McLennan Agency - San Diego	2
W	17	4427819	G3 Speakers	2
W	19	7808229	GeekMasters	2
W	19	7912158	TTEC-WIL Toastmasters	2
C	27	28677299	Balfour Beatty Toastmasters Club	1
C	30	4727	Laughmasters Club	1
E	2	936781	Yuma Sunsetters	1
E	2	28677201	Gowan Toastmasters	1
E	4	126	Mt Helix Toastmasters Club	1
E	21	1808	Eighteen 'o' Eight Toastmasters Club	1
I	25	5509886	Radio Toasters	1
I	25	7712191	Rock San Marcos Toastmasters	1
N	23	2504	San Marcos Discovery Toastmasters	1
N	23	5440227	Frontwave Toastmasters	1
N	24	7238544	Drive-Thru Speakers	1
S	9	7625922	RICK Toastmasters	1
S	12	1733	Cal-State Club	1
S	14	643	Centre City Club	1
W	13	2539	Naval R & D Toastmasters Club	1



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May 10, 2024

5. Triple Crown Award Status

A big round of applause and congratulations to those members who have completed more than 5 educational Pathways level so far:

Triple Crown Awards - District 5		
Member	Count	Award
01304437 - Name unavailable	10	DL1 ,DL2 ,DL3 ,DL4 ,DL5 ,PM1 ,PM2 ,PM3 ,PM4 ,PM5
Azucena Solorzano, IP5	10	EH1 ,EH2 ,EH3 ,EH4 ,EH5 ,IP2 ,IP3 ,IP4 ,IP5 ,PWMENTORPGM
Jennifer Kim, PM5	9	EH1 ,EH2 ,EH3 ,EH4 ,EH5 ,PM2 ,PM3 ,PM4 ,PM5
Christine Del Carmen, EC5	8	EC4 ,EC5 ,PWMENTORPGM ,SR1 ,SR2 ,SR3 ,SR4 ,SR5
CJ Frey, DTM	8	DL3 ,DL4 ,DL5 ,MS1 ,MS2 ,MS3 ,MS4 ,MS5
Megan Hurley, DTM	8	DTM ,EH4 ,EH5 ,PM1 ,PM2 ,PM3 ,PM4 ,PM5
Pamela Gort, EH5	8	EH1 ,EH2 ,EH3 ,EH4 ,EH5 ,PM4 ,PM5 ,PWMENTORPGM
Debbie Munoz, IP5	7	IP5 ,MS1 ,MS2 ,MS3 ,MS4 ,MS5 ,PWMENTORPGM
Jennifer C. Dawson, MS3	7	EH4 ,IP2 ,MS2 ,PI5 ,PM1 ,EH5 ,MS3
Jill Malena, DL5	7	DL1 ,DL2 ,DL3 ,DL4 ,DL5 ,IP5 ,PWMENTORPGM
Marianne Grosner, EH5	7	EC3 ,EC4 ,MS1 ,EH5 ,MS3 ,MS2 ,PM5
Dani D. Alger, MS5	6	MS1 ,MS2 ,MS3 ,MS4 ,MS5 ,PWMENTORPGM
Hector M. Pallanes, DL5	6	DL1 ,DL2 ,DL3 ,DL4 ,DL5 ,PWMENTORPGM
Mark S. Kramer, DTM	6	EH1 ,PM1 ,PM2 ,PM3 ,PM4 ,PM5
Regina E. Fernandez, SR5	6	PWMENTORPGM ,SR1 ,SR2 ,SR3 ,SR4 ,SR5
Robert A. Lucas, DL5	6	DL5 ,PWMENTORPGM ,VC2 ,VC3 ,VC4 ,VC5
Shelby Whitzel, MS5	6	DL5 ,MS1 ,MS2 ,MS3 ,MS4 ,MS5
06909906 - Name unavailable	5	DL1 ,DL2 ,DL3 ,DL4 ,DL5
07536601 - Name unavailable	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
67517626 - Name unavailable	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
David Carroll, DTM	5	VC1 ,VC2 ,VC3 ,VC4 ,VC5
Gabriel R. Mendez, LD5	5	LD1 ,LD2 ,LD3 ,LD4 ,LD5
Johnny Q. Gogue, MS5	5	MS4 ,MS5 ,PM4 ,PWMENTORPGM ,VC3
Julia L. Taylor, DTM	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
Julia Taylor, PM5	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
Juvy M. Pitiquen, PM5	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
Kristine R. Pool, DTM	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
Landon T. Alchikh, DTM	5	DTM ,IP1 ,SR3 ,SR4 ,SR5
Linda Clark, DTM	5	VC5 ,VC1 ,VC2 ,VC3 ,VC4
Neil Bowman, EH5	5	EH1 ,EH2 ,EH3 ,EH4 ,EH5
Pamela S. Rainey, TC5	5	TC1 ,TC2 ,TC3 ,TC4 ,TC5
Risa B. Morabe, PM5	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
Shermaine Abad, TC5	5	TC1 ,TC2 ,TC3 ,TC4 ,TC5
Stefanie M. Cease, PM5	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5



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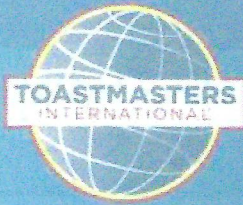
Alex Shadpour, DTM

May 10, 2024

5. Triple Crown Award Status continued ...

Congratulations to those members who have completed 4 educational Pathways level so far:

Triple Crown Awards - District 5		
Member	Count	Award
07988176 - Name unavailable	4	PM1 ,PM2 ,PM3 ,PM4
Danny Philayvanh, EH2	4	EH1 ,EH2 ,SR4 ,SR5
Elizabeth M. Choi-Hedges, DTM	4	DTM ,PI1 ,PI2 ,PI3
Gavin Bechtold, IP5	4	IP5 ,PM4 ,PM5 ,PWMENTORPGM
Helen M. Grothe, DTM	4	DL3 ,LD1 ,LD2 ,LD3
Howard Blitz, DTM	4	LD1 ,LD2 ,VC1 ,VC2
Janet Taylor, TC5	4	TC2 ,TC3 ,TC4 ,TC5
Judy E. Mandel, DTM	4	EC2 ,EC3 ,EC4 ,EC5
Linda Superville, MS5	4	MS2 ,MS3 ,MS4 ,MS5
Roena Oesting, DTM	4	EH1 ,EH5 ,VC4 ,VC5
Sujata Yellaepeddi, DTM	4	DL1 ,DL2 ,DL3 ,DL4
Thomas Holland, DTM	4	EC4 ,EC5 ,PI5 ,PM1
Tonya J. Lehman, VC1	4	MS3 ,MS4 ,MS5 ,VC1



Program Quality Director Report

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May 10, 2024

5. Triple Crown Award Status continued ...

Congratulations to those members who have completed 3 educational Pathways level so far:

Triple Crown Awards - District 5		
Member	Count	Award
00295739 - Name unavailable	3	PI1 ,PI2 ,PI3
00411505 - Name unavailable	3	PM1 ,PM1 ,PM2
00811216 - Name unavailable	3	PM1 ,PM2 ,PM3
07945896 - Name unavailable	3	TC1 ,TC2 ,TC3
67510432 - Name unavailable	3	SR3 ,SR4 ,SR5
67553679 - Name unavailable	3	VC1 ,VC2 ,VC3
67556202 - Name unavailable	3	PM1 ,PM2 ,PM3
Alex A. Shadpour, DTM	3	IP2 ,IP4 ,PM1
Ana Serrano, PM3	3	PM1 ,PM2 ,PM3
Angela Kanish, PM3	3	PM1 ,PM2 ,PM3
Anjel Nicholas, EC4	3	EC4 ,EC2 ,EC3
Arlene Cohen, PM3	3	PM1 ,PM2 ,PM3
Craig D. Moss, PI5	3	PI3 ,PI4 ,PI5
David S. Pearson, PM5	3	PM3 ,PM4 ,PM5
Derek Vitola, PM3	3	PM1 ,PM2 ,PM3
Dorothy Hudson-Jenkins, DTM	3	EH4 ,EH5 ,PI1
Elliot T. Kelly, PI3	3	PI1 ,PI2 ,PI3
Gail E. Lover, DTM	3	DTM ,EH5 ,PI1
GiYeoun Lee, PM5	3	PM3 ,PM4 ,PM5
Jacquelyne N. Mosley-Pastrana, PI1	3	IP5 ,PI1 ,PWMENTORPGM
James E. Franz, SR2	3	SR1 ,SR2 ,VC4
Jason D. Fredrick, DL3	3	DL1 ,DL2 ,DL3
Joan Wesley, DTM	3	EC2 ,EC3 ,MS2
Jonathan J. Reyes, PI3	3	PI1 ,PI2 ,PI3
Joseph Mogan, DL5	3	DL5 ,PM4 ,PM5
Joseph S. Mitchell, VC3	3	VC1 ,VC2 ,VC3
Kate Hutson, EC3	3	EC1 ,EC2 ,EC3
KROGMAN EMILY, DL4	3	DL3 ,DL4 ,EC1
Margarita Pinhas, EC3	3	EC1 ,EC2 ,EC3
Marguerite Smith, PM3	3	PM2 ,PM3 ,VC5
Maria Feria, EH4	3	EH2 ,EH3 ,EH4
Maria Macaloney, DL3	3	DL1 ,DL2 ,DL3
Mark Shapiro, VC3	3	VC1 ,VC2 ,VC3
Naomi Chen, PM3	3	PM1 ,PM2 ,PM3
Sally Lutz, VC4	3	VC2 ,VC3 ,VC4
Thomas Bowers, PM3	3	PM1 ,PM2 ,PM3
Vince Reardon, DTM	3	PI1 ,PI2 ,PI3